

FEBRUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Dimensions of Wellness</p> <ul style="list-style-type: none"> Physical Emotional Spiritual Environmental Vocational Social Intellectual Health Services 	<p>Meeting Places</p> <ul style="list-style-type: none"> LC Lifestyle Ctr PB Pub GR Game Rm FL Front Lobby BI Bistro 1st Fl TH Movie Theater FC Fitness Ctr AS Art Studio 					<p>01</p> <ul style="list-style-type: none"> 08:30 Start Day a Grateful Way BI 09:00 Residents Walking Together LC 02:00 Matinee Movie TH 03:00 BIG Scrabble with Roxi PB 06:30 Wii Bowling LC 07:00 Second Screening Movie TH
<p>02</p> <ul style="list-style-type: none"> 08:30 Church Transportation* FL 08:30 Start Day a Grateful Way BI 09:00 Catholic Mass - Chnl 7 LC 10:00 Church Service w/ Joel Osteen Chnl 24 LC 02:00 Matinee Movie TH 04:00 SUPER BOWL Party! PB 07:00 Second Screening Movie TH 	<p>03</p> <ul style="list-style-type: none"> 08:30 Start Day a Grateful Way BI 09:00 Shopping: FRY's* FL 09:00 Strength & Balance w/ Anne LC 10:00 Sit Down Yoga with Katerina LC 11:00 Money Mondays with Edward Jones LC 01:00 Blackjack GR 01:30 Shopping: TRADER JOE's* FL 02:00 Matinee Movie TH 07:00 Second Screening Movie TH 	<p>04</p> <ul style="list-style-type: none"> 08:30 Start Day a Grateful Way BI 09:00 NeuroFit w/ Anne LC 10:30 Games: BIG Scrabble PB 01:00 Resident Bridge Games GR 02:00 Matinee Movie TH 03:00 Musical Chat with Bruce Pulk LC 07:00 Second Screening Movie TH 	<p>05</p> <ul style="list-style-type: none"> 08:30 Start Day a Grateful Way BI 09:00 Shopping: SAFEWAY* FL 09:00 Brain Longevity Series w/ Katerina LC 09:45 Open Gym with Katerina LC 11:00 "Vitals" Clinic FC 11:30 Barleens "Jukebox Country Classic" FL 01:30 Shopping: WALMART* FL 02:00 Matinee Movie TH 07:00 Second Screening Movie TH 	<p>06</p> <ul style="list-style-type: none"> 08:30 Start Day a Grateful Way BI 09:00 Fitness Fusion with PT Mike LC 01:00 Resident Games LC 02:00 Inspirational Bible Study LC 02:00 Matinee Movie TH 03:00 Trivia Time! LC 07:00 Second Screening Movie TH 	<p>07</p> <ul style="list-style-type: none"> 08:30 Start Day a Grateful Way BI 09:00 Strength & Balance with Katerina LC 09:30 Walking Group with Katerina LC 10:00 Coffee & Trivia BI 11:00 Lunch at Crackers* FL 02:00 Resident Activities Meeting LC 02:00 Matinee Movie TH 03:00 Live Music with Sosco Duo PB 07:00 Second Screening Movie TH 	<p>08</p> <ul style="list-style-type: none"> 08:30 Start Day a Grateful Way BI 09:00 Residents Walking Together LC 10:00 Art Workshop: Pottery Design AS 02:00 Matinee Movie TH 03:00 Valentine's Day Cabaret! with Lynn Edwards LC 07:00 Second Screening Movie TH
<p>09</p> <ul style="list-style-type: none"> 08:30 Church Transportation* FL 08:30 Start Day a Grateful Way BI 09:00 Catholic Mass - Chnl 7 LC 10:00 Church Service w/ Joel Osteen Chnl 24 LC 02:00 Salt River Brass: "All That Jazz" at Mesa Arts Ctr* FL 02:00 Matinee Movie TH 07:00 Second Screening Movie TH 	<p>10</p> <ul style="list-style-type: none"> 08:30 Start Day a Grateful Way BI 09:00 Shopping: FRY's* FL 09:00 Strength & Balance w/ Anne LC 10:00 Sit Down Yoga with Katerina LC 12:00 Shopping: SUPERSTITION SPGS MALL* FL 01:00 Blackjack GR 02:00 Matinee Movie TH 03:00 Aegis Active Aging Series LC 07:00 Second Screening Movie TH 	<p>11</p> <ul style="list-style-type: none"> 08:30 Start Day a Grateful Way BI 09:00 NeuroFit w/ Anne LC 10:30 Games: BIG Scrabble with Shelly! PB 10:30 NEW Catholic Communion GR 01:00 Resident Bridge Games GR 02:00 Matinee Movie TH 02:00 Town Hall LC 07:00 Second Screening Movie TH 	<p>12</p> <ul style="list-style-type: none"> 08:30 Start Day a Grateful Way BI 09:00 Shopping: SAFEWAY* FL 09:00 Brain Longevity Series w/ Katerina LC 09:45 Paint This Canvas & Mimosa Day! PB 09:45 Open Gym with Katerina LC 02:00 Brain Health with Phyllis Strupp LC 02:00 Matinee Movie TH 07:00 Second Screening Movie TH 	<p>13</p> <ul style="list-style-type: none"> 08:30 Start Day a Grateful Way BI 09:00 Fitness Fusion with PT Mike LC 01:00 Resident Games LC 02:00 Inspirational Bible Study LC 02:00 Matinee Movie TH 03:00 Trivia Time! LC 05:00 Dinner & Show featuring Las Vegas Impersonator PDR 07:00 Second Screening Movie TH 	<p>14 Valentine's Day</p> <ul style="list-style-type: none"> 08:30 Start Day a Grateful Way BI 09:00 Line Dance w/ Katerina LC 09:45 Walking Group with Katerina LC 10:00 Coffee & Trivia BI 12:00 Valentine's Day 50's Sock Hop PDR 02:00 Matinee Movie TH 07:00 Second Screening Movie TH 	<p>15</p> <ul style="list-style-type: none"> 08:30 Start Day a Grateful Way BI 09:00 Residents Walking Together LC 10:00 Art Workshop: Pottery Design AS 02:00 Matinee Movie TH 03:00 Live Music with Les Koel PB 07:00 Second Screening Movie TH
<p>16</p> <ul style="list-style-type: none"> 08:30 Church Transportation* FL 08:30 Start Day a Grateful Way BI 09:00 Catholic Mass - Chnl 7 LC 10:00 Church Service w/ Joel Osteen Chnl 24 LC 02:00 Matinee Movie TH 07:00 Second Screening Movie TH 	<p>17 Washington's Birthday</p> <ul style="list-style-type: none"> 08:30 Start Day a Grateful Way BI 09:00 Shopping: FRY's* FL 09:00 Strength & Balance w/ Anne LC 10:00 Sit Down Yoga with Katerina LC 01:00 Blackjack GR 01:30 Shopping: WALMART* FL 02:00 Matinee Movie TH 02:00 Humana: "5 Health Numbers U Should Know" LC 03:00 "Always Patsy Cline" at Hale Theater* FL 07:00 Second Screening Movie TH 	<p>18</p> <ul style="list-style-type: none"> 08:30 Start Day a Grateful Way BI 09:00 NeuroFit w/ Anne LC 10:30 Games: BIG Scrabble PB 10:30 NEW Catholic Communion GR 12:00 NEW Resident Luncheon PB 01:00 Resident Bridge Games GR 02:00 Holistic Nutrition with Jayne Reynolds LC 02:00 Matinee Movie TH 03:00 Game Choice GR 07:00 Second Screening Movie TH 07:00 Musical Chat with Bruce Pulk LC 	<p>19</p> <ul style="list-style-type: none"> 08:30 Start Day a Grateful Way BI 09:00 Shopping: SAFEWAY* FL 09:00 Brain Longevity Series w/ Katerina LC 09:45 Open Gym with Katerina LC 02:00 Matinee Movie TH 03:00 Wellness Wednesday with Bridget LC 07:00 Second Screening Movie TH 	<p>20</p> <ul style="list-style-type: none"> 08:30 Start Day a Grateful Way BI 09:00 Fitness Fusion with PT Mike LC 09:00 Veterans Cafe BI 01:00 Resident Games LC 02:00 Inspirational Bible Study LC 02:00 Matinee Movie TH 03:00 Trivia Time! LC 07:00 Second Screening Movie TH 	<p>21</p> <ul style="list-style-type: none"> 08:30 Start Day a Grateful Way BI 09:00 Strength & Balance with Katerina LC 10:00 American Heart Month with Katerina & Bridget LC 10:00 Coffee & Trivia BI 02:00 Matinee Movie TH 02:30 Live Karaoke with DJ Robin PB 07:00 Second Screening Movie TH 	<p>22</p> <ul style="list-style-type: none"> 08:30 Start Day a Grateful Way BI 09:00 Residents Walking Together LC 02:00 Matinee Movie TH 02:00 Grand Opening of Art Gallery Wall BI 03:00 Live Music with Ken Levine PB 07:00 Second Screening Movie TH
<p>23</p> <ul style="list-style-type: none"> 08:30 Church Transportation* FL 08:30 Start Day a Grateful Way BI 09:00 Catholic Mass - Chnl 7 LC 10:00 Church Service w/ Joel Osteen Chnl 24 LC 02:00 Matinee Movie TH 03:00 Live Music with Guitarist Dave Karl PB 07:00 Second Screening Movie TH 	<p>24</p> <ul style="list-style-type: none"> 08:30 Start Day a Grateful Way BI 09:00 Shopping: FRY's* FL 09:00 Strength & Balance w/ Anne LC 10:00 Sit Down Yoga with Katerina LC 01:00 Blackjack GR 01:30 Shopping: TARGET* FL 02:00 Matinee Movie TH 03:00 Phoenix Art Museum Presents... LC 07:00 Second Screening Movie TH 	<p>25 Mardi Gras</p> <ul style="list-style-type: none"> 08:30 Start Day a Grateful Way BI 09:00 NeuroFit w/ Anne LC 10:30 Games: BIG Scrabble PB 10:30 NEW Catholic Communion GR 01:00 Resident Bridge Games GR 01:30 Let's Talk Dining with Wallis LC 02:00 Matinee Movie TH 03:00 MARDI GRAS Party featuring Jazz Trio LC 07:00 Second Screening Movie TH 	<p>26</p> <ul style="list-style-type: none"> 08:30 Start Day a Grateful Way BI 09:00 Brain Longevity Series w/ Katerina GR 09:00 Shopping: SAFEWAY* FL 09:45 Paint This with Chris AS 09:45 Open Gym with Katerina LC 11:00 Outing: Casino Arizona* FL 01:00 Live Music: "Songs by Heart" LC 01:30 Shopping: SPROUTS* FL 02:00 Matinee Movie TH 02:00 Support 4 U: Dementia Care for CG's LC 07:00 Second Screening Movie TH 	<p>27</p> <ul style="list-style-type: none"> 08:30 Start Day a Grateful Way BI 09:00 Fitness Fusion with PT Mike LC 01:00 Chapter Chat Book Club LC 01:00 Resident Games LC 02:00 Inspirational Bible Study LC 02:00 Matinee Movie TH 03:00 Trivia Time! LC 07:00 Second Screening Movie TH 	<p>28 FEBRUARY Birthday's</p> <ul style="list-style-type: none"> 08:30 Start Day a Grateful Way BI 09:00 Residents Walking Together LC 10:00 Coffee & Trivia BI 12:00 Fish & Chips Fish Fry PDR 01:00 Bingo Bonanza! PB 02:00 Matinee Movie TH 03:00 NEW Live Music with Pianist Josh Stefanski celebrate FEBRUARY Bdays LC 07:00 Second Screening Movie TH 	<p>29</p> <ul style="list-style-type: none"> 08:30 Start Day a Grateful Way BI 09:00 Brain Fitness w/ Kat LC 09:45 Walking Group with Katerina LC 02:00 Matinee Movie TH 03:00 Live Music with Joel de la Houssaye PB 07:00 Second Screening Movie TH